



# THE MAYHEW PROGRAM

...a good start on the future

## REACHING BEYOND!



**Reaching!** Peter takes flight, Mayhew Island, Summer 2014.



**Thinking and looking beyond.** Aaron and Bennett being Mayhew in Manchester, Spring 2014.

**R**eaching beyond what you *know* you can do, beyond what you've done...It can be scary and exciting – at the same time. And it's central to what Mayhew tries to encourage in the boys, whether on Mayhew Island in the heart of the summer or in any of the 47 New Hampshire towns and cities where the staff work so diligently alongside the boys, every month between summers.

It's not easy, for the boys or the staff – or any of the parents, trustees, contributors, alumni, volunteers and others who stand up to make Mayhew happen. This *reaching beyond* is hard stuff. Really hard. You find lots of anxiety and disappointment along the way. But with Mayhew, you also find others who believe *you can*, especially in those moments when that's the very last thing you believe about yourself. There's a special camaraderie built on one simple reality: we're all striving and sometimes struggling to reach beyond what we know we can do, beyond what we've already done. Here's a sampling of where this can lead:

**Dan at the end of his first year:** "It makes me feel like a leader and I use that with my friends and help them out."

**Gage's mom, following his first summer:** "My son has come home a young man...He is very polite; he regards my feelings and statements. He is more patient with me, friends and others. I am amazed and love the change. I cannot thank [Mayhew] enough for helping my son and his accomplishments!"

**Blake, 17 years after Mayhew:** "I had some hard times in elementary school but after completing Mayhew I got in a lot less fights, and I was more interested in becoming friends with those I would otherwise pick on or fight. I also see a strong connection in my life now as I am working toward being a teacher and giving kids a positive role model."

On behalf of Blake, Gage, Dan, the 193 boys benefitting from Mayhew's support – right now – and the more than 1,975 alumni before them, thank you for all you do to help the boys reach beyond!

With deepest gratitude,

Jim Nute  
Executive Director

## MICHELLERATING 32+ YEARS OF MAYHEW-MAKING



**M**ichelle and Mayhew. Mayhew and Michelle. For more than thirty years, an inseparable and dynamic duo. For all these years, Michelle Bowie has been a welcoming force, ensuring that new boys and staff feel at home and that, when they move to a new challenge, Mayhew never leaves them.

Since 1982, Michelle has been a leading force, too – serving as Mayhew’s Director of Administration for the last 20 years. With every challenge Mayhew has faced – and there have been significant ones, for sure – she has stood up with an understated but steely resolve and a chuckling humor that puts everything in perspective.



Nearly twenty-five years ago, on a frigid January evening in the terrifying light of the flames consuming Mayhew Island’s Lodge and seriously jeopardizing Mayhew’s very existence, Michelle, Trustee Dick Cowern and alum Garvin Eastman (who is now a Mayhew trustee himself) caught a moment amid all the firefighting from the Newfound Lake ice and wept together. That Michelle, who has a significant fear of crossing over the ice, was on the lake at all spoke volumes of how dire this moment was and how much she wanted to do anything she could to help. In the weeks and months and years since, Michelle hasn’t ever stopped doing what she can to help Mayhew grow stronger for the boys.

In February, when she announced she would be retiring at the end of 2014, there were initially some “What will Mayhew do without Michelle” moments, some feelings probably not all that unlike those Michelle, Dick and Garvin felt as they hugged and cried on the Newfound Lake ice that frightening and pivotal evening in 1990. Just like then, however, Michelle has been a crucial member of the team working to make the next step a very successful one. Thanks to all that Michelle has done for so long, Mayhew is stepping forward strongly. And when the challenges come, as they always do, we’ll take a page from Michelle’s book and bring the team together, face them head on, and lean on that chuckling humor.

Michelle, thank you so much for being Mayhew! You’re the best!

\*Send your Michelle stories and appreciations to the office: Mayhew, PO Box 120, Bristol, NH 03222 or [mayhew@mayhew.org](mailto:mayhew@mayhew.org). We’ll make sure Michelle receives them in her new home in Oklahoma, where she and her husband, the incomparable Skip Bowie, are moving in December.



**Former Program Director Extraordinaire Dave Bird and Michelle in 2010.**

# LEADING THE WAY: OUTER AND INNER CIRCLE MEMBERS

By Greg Stoutzenberger, Program Director

There are some morning assemblies on Mayhew Island that stand out more than others. Before the bellringer's banter and before the boys hear what's for breakfast, there are those few mornings later in a summer session when a senior staff member stands atop the front porch stairs and shares the traditional line, "Last night, the light was burning bright atop the Island's highest point."

That bright light signifies the induction of a boy into the Island honor societies, otherwise known as the Outer and Inner Circles. As the senior staff member shares some of the highlights from the conversation he and the boy had the night before about all the remarkable things he has done so far and all the hard work he still has before him, he ties a blue bandanna (symbolizing the Outer Circle) or a red bandanna (symbolizing the Inner Circle) around the boy's neck; shakes his hand; and has him go back down to the beach, where in a sea of gray tees and green shorts, those bandannas truly stand-out.

This past summer, 14 boys were inducted into the Outer Circle and 3 of those boys earned the ultimate Mayhew honor of being inducted into the Inner Circle. Tyler, who returned for his second summer, was one of those boys who shined bright and earned both a blue bandanna and a red one. His maturity, positive spirit, and leadership were only a few of the many impressive traits he shared with his peers and the staff this summer. Very early on, Tyler set a goal of being inducted into the Outer Circle and his dedication and perseverance helped him achieve this and much, much more.

Congratulations to Adam, Aisayah, Andre, Brandon, Devin, Devon, Emmett, Eric, Jackson, Maddox, Peter, Richard, Tayler and Tyler for making it to the highest point of the Island and seeing the fire burning bright!



**Bright light!** Tyler, showing Outer and Inner Circle pride.



**Bright lights x 3.** Tyler joins fellow Outer Circle members, Andre and Peter, in earning coveted spots on the Mayhew March, a very special and challenging post-summer hike in the White Mountains.



## DID YOU KNOW?

Since 1969, over 1975 boys have participated in the Mayhew Program. Impressively, many have been inducted into the Outer Circle, while almost 2% have earned the distinction of being Inner Circle members.

# THE BOYS GIVE TO THE NH FOOD BANK

Following the summer, Jim O'Brien, the staff member who is "Mayhew" for the boys in Manchester, picked up two members of Mayhew's honor society, Tayler and Eric, for a trip to the NH Food Bank, where both boys presented Executive Director Mel Gosselin with a contribution from 44 of the 84 boys who spent a month on Mayhew Island this summer (Mayhew serves a total of 193 boys statewide). The contribution was made from money the boys earned through Mayhew's summertime work projects. Among the 44 boys who contributed to the NH Food Bank was Zakary, whose contribution represented more than 8% of the total gift to the Food Bank.

Over the last 6 years, the boys have made contributions to different programs doing great work for others. Mayhew wishes to thank the NH Food Bank for all it does – for so many Granite Staters. And to Tayler, Eric, Zakary and all of 2014's boys who contributed, we say: "Thank you, Gentlemen, for *feeding* all of us so much inspiration!"



**Feeding inspiration!** Tayler (left) and Eric join Mayhew's Jim O'Brien in presenting the boys' contribution to the NH Food Bank's Executive Director Mel Gosselin.



## THE ANNUAL FUND: BRINGING MAYHEW TO THE BOYS.

Regular surveys and reports from the boys, their families and program alumni, indicate that participating in Mayhew can lead to improved self-worth, a reduction in negative behaviors, the development of more positive social attitudes and relationships, and increased trust and communication with parents and peers.

Through an unrestricted contribution to Mayhew's Annual Fund, you can keep this experience tuition-free and make a lasting difference in the life of a deserving boy. Please consider supporting the Annual Fund today; it makes Mayhew possible.

### TO MAKE YOUR ANNUAL FUND GIFT

Go online: [www.mayhew.org](http://www.mayhew.org) | Call: (603) 744-6131

Send a check (payable to *Mayhew*):

Mayhew | PO Box 120 | Bristol, NH 03222



### MOTHER OF MARTIN, AGE 11:

Since my son has been home, I have noticed he is choosing who he hangs around with more carefully. His language has improved. If he does 'slip up' and I have to say something, he will stop. I also noticed he has been more patient. If I tell him 'No, we can't do that right now,' his response is better...Overall, he has improved a lot.

# SHOPPING ONLINE FOR THE HOLIDAYS?



**T**ry Amazon Smile. It's a simple and automatic way for you to support Mayhew every time you shop, at no cost to you. When you shop at [smile.amazon.com](https://smile.amazon.com), you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate 0.5% of the purchase price to Mayhew. You can also find Mayhew's wish list at [smile.amazon.com](https://smile.amazon.com) too!



## WISH LIST

ATC GUIDE TO NEW HAMPSHIRE-VERMONT

ATC GUIDE TO MAINE, 15TH EDITION

ATC GUIDE TO MASSACHUSETTS-CONNECTICUT, 12TH EDITION

LONG TRAIL GUIDE, 27TH EDITION

VERMONT'S LONG TRAIL WATERPROOF HIKING MAP, 4TH EDITION

WINTER HIKING GUIDE TO VERMONT

(2) 8X8 TARPS

(10) STANDARD BLUE FOAM SLEEPING PADS - REGULAR

(20) NALGENE WIDE-MOUTH LOOP-TOP ROUND WATER BOTTLES - 32 FL. OZ.

(4) NALGENE SILO WATER BOTTLES

## WHY WE GIVE



**W**e see our support of Mayhew as a great investment: structured, creative and challenging program, fine-tuned for the population it serves; skilled, creative, patient and supportive staff; Island and land-based facilities enabling year-round contact; extended opportunities for work at camp as well as future education assistance. The results are there.

We treasure yearly visits to see the action – enthusiasm, individual and team challenges, pride in achievement, and, yes, frustration and resolution of conflict.

Through the years we have seen Mayhew boys become Mayhew men.

*Martha and John Chandler*



**GRIFFIN, AGE 12:**

Mayhew means a lot to me. It's gotten me out my house and stop playing video games.

# NEWS FROM CIRCLE PROGRAM

**A**fter almost a year of joint planning and creative preparation, the Circle teens showcased their artwork with the help of *The Arts Collaborative* in Meredith, New Hampshire. Professional artist, Heidi Lea Little (a multi-media artist, designer, and arts advocate), along with Circle mentor Shirley Glines, inspired both our middle school and high school Circle teens to incorporate unique art projects into a fundraising showcase to benefit the Circle Program. The Circle girls' projects were displayed alongside the professional artwork of the members of *The Arts Collaborative* studio.

During the Circle Teen Camp session, Heidi worked with the middle school teens, who created woven mandalas using a variety of mixed-media (cardboard, yarn, fabric, etc.). A mandala is literally a "circle" (how appropriate!) with a calming center point that integrates various shapes and patterns to create a design. Later in the fall, Heidi worked with the high school Circle teens to create painted canvas mandalas. All the mandalas, both woven and painted, were incredibly colorful and showcased the creativity of our girls. The mandalas were so beautiful that the designs were used to create Circle Program notecards. Shirley taught the teens



**Sweet Saturday Showcase: Art, Chocolate, and Circle Teens.**

how to mold chocolate candies. Both the notecards and chocolate were sold at the studio event, and in just one afternoon, the Circle Teens raised \$665 in support of the Circle Program!

\*Find out more about Circle at [www.circleprogram.org](http://www.circleprogram.org).

## LITTLE UPDATES ON BIG HAPPENINGS IN THE MAYHEW COMMUNITY.

**T**he Rolfe & Rumford Fund of the New Hampshire Charitable Foundation committed \$6,700 to support Mayhew's year-round programming for at-risk Merrimack County boys.

Volunteers **Jim & Nancy Ball, Elizabeth Beeson, Brett Billings, Jeff Clark, Joe DiClerico, Charlie Foss, George & Audrey Hagerman, Roger LaFontaine, Marcus Luongo-Clay Grayson Richey, Scott & Mary Jo Stephens, Adianna Woodward, Jayden Stubbs,** and spent a chilly and rainy day helping to make the 23<sup>rd</sup> New Hampshire Marathon a success! Proceeds support three local nonprofits. Mayhew is grateful for the \$11,000 raised for the boys.

**New Hampton School** faculty, Jennifer Berry and Daniel Love, organized an Island Service Day and brought students to stain the Mayhew garage and move gear from the Island to the mainland.

A \$5,000 grant was received from **Lincoln Financial Foundation** to support Mayhew's residential programming and school year mentoring program.

Congratulations to Program Director, **Greg Stoutzenberger** and **Stephanie Johnson** and former staff members, **Matt Simon** and **Abbey Pellenz Simon** who both welcomed daughters into the world this fall.



**AIDEN, AGE 14:**

Mayhew encouraged me to treat others like you want to be treated and to have respect and be confident in who you are.

# MEET THE STAFF



**Back Row (L to R):** Max Richards, Greg Stoutzenberger, Grayson Richey, Brett Billings, Jim Nute **Front Row (L to R):** Mary Jo Stephens, Jim O'Brien, Zach Washington, Colin Buckley, Michelle Bowie, Lisa Foley

## MAIL THAT MATTERS

Dear Mayhew,

My name is Kathryn and my son *David* attended camp at Mayhew for the first time last summer. [It] was amazing for him and also did wonders.

Let me tell you why. *David* spent 1 ½ years with his father because we were homeless in a motel and I also have two girls now 9 and 6 years-old.

When I took him back, he was very traumatized... and after camp he totally changed. Matt [staff member] takes him every couple weeks [and] has changed his life to the point where he is a different little boy. He also loves Mayhew and Matt. When he comes home from just being with Matt, he will clean our whole kitchen!

He is very excited to go back to Mayhew for camp this summer!

Kathryn

---

Dear Mayhew,

I came to [the Mayhew staff] in the summer of 2003 for the most enlightening and humbling experience of my life. Since that time, I have joined the corporate world and I currently enjoy a very challenging role with one of the largest banks in the US, where I've worked for the past 9 ½ years...There is no doubt in my mind that I would not enjoy the professional success I have enjoyed if not for the Mayhew program. The tenets of Mayhew's mission are the keystones of any good leader, and serve me on a daily basis to be a better employee, leader, husband, and father. I've been fortunate

to align myself with two amazing organizations that both seek to instill and reinforce some very simple but powerful beliefs:

- Meaningful relationships ultimately lead to a happy life.
- We cannot form those relationships without accepting reality for what it is, acting responsibly toward one another and expecting the appropriate consequences for our actions.
- We should foster a sense of community and belonging with our fellow teammates (clients)
- We need to challenge ourselves constantly to improve.

Thank you, Mayhew, for helping me deserve *this*. [see photo]

Kevin Solis





# THE MAYHEW PROGRAM

...a good start on the future

P.O. Box 120 • Bristol, NH 03222

CHANGE SERVICE REQUESTED

NON PROFIT ORG.  
U.S. POSTAGE  
PAID  
WHT RIV JCT VT  
PERMIT NO. 73



## MAYHEW IS

Focused on challenging and helping at-risk NH boys to believe in themselves, work well with others, and find their best.

Since 1969, we have run a highly structured and supportive summer program on Newfound Lake. Throughout the school year, our dedicated staff are right there with the boys, in their communities, helping them to live by the Mayhew ideals of *responsibility, respect, community and challenge*.

Candidates for Mayhew are 10-and 11-year-old-boys. Selection is based on need, income, family situation and a boy's willingness to work hard. Through the generosity of our family of contributors, boys are able to participate in Mayhew for six full years, tuition-free. As a nonprofit organization, contributions are fully tax deductible. For more information, to make a donation, lend a hand, or refer a boy, please contact Mayhew at: (603) 744-6131 or [mayhew@mayhew.org](mailto:mayhew@mayhew.org)

---

---

## THE MAYHEW PROGRAM

293 West Shore Road • PO Box 120 • Bristol, NH 03222  
(603) 744-6131 • Fax (603) 744-8347 • [www.mayhew.org](http://www.mayhew.org)

Keep up with Mayhew via the website and through  , search for "The Mayhew Program".



Mayhew is a grateful partner with the Granite, Monadnock and Greater Seacoast United Ways.