



# THE MAYHEW PROGRAM

...a good start on the future

Mayhew Challenges and helps at-risk New Hampshire boys to believe in themselves, work well with others, and find their best.

## 50 YEARS (ALMOST) OF CAN-DOING

A lot has changed since 9 boys from Manchester first stepped foot into the *Mayhew Project* in the summer of 1969. By 1973, Mayhew was reaching 72 boys from 11 NH towns. The very next year, the boys had the staff's support during the summer and the school year. Now, Mayhew is serving 237 at-risk boys from across the state from age 10 through their high school graduations with an award-winning and ever-evolving program.

Yes, a lot has changed over these 50 summers and 49 years. But Mayhew's mission, its core, hasn't. We're *still* challenging and helping the boys to believe in themselves, work well with others, and find their best. For the boys (and for many of the rest of us) it's about making the shift from *I can't* to *I can* – and then being team-minded, persistent and creative when the going gets rough.

Mayhew alum Michael Eschenbach '79, now a school principal in Saudi Arabia, has lived this lesson for more than 40 years. Michael kicked off Mayhew's 50th summer in June by sharing with the boys some wisdom, three key phrases he has found helpful in his work with others: "Hey, I'm sorry, man," "That was awesome [boosting others for what they do]," and "**I can do it.**"

A month after Michael's message, *Neal*, in his second year with Mayhew, delivered a *can-do* message of his own. It was the around-the-Island crew rowing Regatta Championship – an often grueling time trial race nearly a mile long. Neal was captaining the boat from the coxswain's seat while many of his cabinmates became discouraged by how tough the race was. Pretty soon, they were focusing more on splashing each other than doing any real rowing. Neal tried hard to rally everyone, cheering, "Come on, guys! We can do it! Please don't give up yet!" But his attempts mostly fell on deaf ears. Instead of becoming negative, though, Neal, who had no oar himself, began to paddle with his bare hands while his cabinmates argued and gave up.

Now, in the midst of our work with the boys back in their home communities, you can bet that we're calling on Michael's wisdom, Neal's example and lots and lots of other moments of inspiration to help the boys find their way to their best. We thank **you** for being such an important part of this non-stop effort behind them, for helping them see all that they *can* do!

A grateful teammate,

Jim Nute  
Executive Director

"Mayhew was the best  
part of my childhood"

Ian, 19



# HELP GROW THE ALUMNI ASSOCIATION

**"Mayhew's totally different and utterly the same."**

**Al Cantor, former executive director**



**W**hile those of us connected to Mayhew have always recognized what a powerful experience it

and the trustees to increase the connection of our alumni to Mayhew today and, more importantly, Mayhew in the future.

is, that was fully confirmed this summer at our 50th Summer Reunion. More than 100 former boys and staff gathered on Mayhew Island for a day of activities and community. We had alumni from every decade and from across the globe.

For more information contact Monica Zulauf, Development Director at (603) 744-6131 or [monica@mayhew.org](mailto:monica@mayhew.org)

And please join our Mayhew Alumni Facebook page.

Your participation in the alumni association shows our current boys that Mayhew will always be here for them and helps all of us work to continually improve the eight-year Mayhew experience.



▲ Bill Barrick '69 and Jon Choate, First Director, Remembering the Summer of 1969

This gathering represented the commitment being made by the staff

The Alumni Association is open to all former boys and staff members.

## STRATEGIC PLANNING



**I**t's hard to get where you're going without a map! That holds true for vacations and for organizations. Following several weeks of preparation, the staff and trustees gathered at the NH Audubon Center in Concord in September for

a day of envisioning the future for Mayhew. Programming, Facilities, Financial sustainability are all critical to Mayhew's continued success and it's important to strive for continuous improvement in all these key areas. Dave Chase, facilitator, led us through

several exercises to help focus us for the next three years as we work to find our best, so the boys can find theirs. Some of the accomplishments that were realized under the previous plan include:

- ▶ **The extension of the program from six to eight years**
- ▶ **The success of the *Find Your Best Capital Campaign***
- ▶ **Increased program evaluation**
- ▶ **Improved use of technology**

Work continues now to finalize the plan and we look forward to sharing it with all of you in the near future.

# COMMUNITY YEAR

**M**ayhew boys have always entered the program at age 10 or 11 with their initial experience being 25 days on Mayhew Island. This is where they are introduced to the four Mayhew Ideals: Respect, Responsibility, Community, and Challenge. These ideals are the cornerstone of the program for all eight years and, we hope, a lifetime.

While on the island, the boys are challenged to try everything and to do their best. For many, this is a new approach to life. Visiting the island is the best way to truly understand this phase of the program, and we hope you will come out for a visit.

After the summer, what is known as the Community Year kicks in. It's one of the many programmatic aspects that set Mayhew apart. Every boy, Mayhew is now seeing 237, has his own outreach worker assigned by region. He has individual and small group mentoring visits throughout the school year that reinforces the work begun on the island. The boys continue to practice working well with others while exploring new pastimes. Last year, Mayhew outreach workers made 1661 Community Year visits. The outreach worker serves as a role model and guide, helping the boys set goals and achieve them and simply being there for them when times are tough.

By teaching the boys and young men to challenge themselves and look at where they are in life and where they would like to be, Mayhew is able to help them build emotional agility and resilience.



▲ Manchester Bowling – Eric and Camron.

Building confidence with a Base House climb. ▼



▲ Boys, Links, Extenders, and Staff share a Friday night dinner at the Base House.



# GIVING THANKS

Every year, Mayhew is supported by civic and community groups from across New Hampshire. Without this support, Mayhew couldn't serve as many boys as long as it does. It's that simple.

Some of the older boys have also benefited from scholarships at the following camps:

**Pasquaney**

**Mowglis**

**Kawanhee**



▲ **Run Your Buns Off.** Mayhew was one of the beneficiaries of this 4.2 mile race. Proceeds helped support a Newfound Lake-area boy.



▲ **UBS Bramble** with proceeds going to support Mayhew.



◀ **Mayhew guys,** DJ and Domineaq, at Pasquaney

"He makes smarter choices & informed as well. He references Mayhew being a key to his life & the progress he's made."

*Emily, Lane's mom*



**NH Marathon,** supporting the boys for more than 20 years ▶

# GIVING BACK

The Ideals of: **Respect, Responsibility, Community, and Challenge** come together when the boys give back to their community. One of the key long-term goals of the program is to encourage Mayhew alumni to invest personal time in helping others; it begins in the first phase of the program and continues all eight years.



"[Mayhew is] very important to my son because it provides him support that he lacks from the absence of his father."  
*Connie, Jacob's mom*

▲ **CADY Mini Golf Tournament** supporting Plymouth area drug abuse prevention efforts.



◀ Extender Matthew working on clearing Knotweed from Bristol trails



▲ Marcus votes

▶ Island Work Hour donation to NH Special Olympics. For the 10th year, boys have donated a portion of their work hour earnings to a NH nonprofit. This year's donation was for \$323.75



"Gives him the sense of empowerment that all things are possible."  
*Tasha, Ty's mom*

## LEGACY GIVING

At Mayhew, we must balance our focus on the work we are doing today with the work that we will undoubtedly need to do in the future. The last 50 years have served us well in learning how to challenge and help at-risk New Hampshire boys to help themselves. Mayhew is unique in so many ways: statewide, year-round, and free for all eight-years are a few of the attributes that set it apart.

You can be part of this long-term effort



▲ Jean and David Lincoln with Martha Chandler on Mayhew Island for the 50th Summer Reunion

by making future plans to help continue this important work.

David, Jean, and Martha are part of a growing group of supporters who have chosen to include Mayhew in their estate plans. By making Mayhew part of their family's future planning, they are insuring Mayhew will always be here to help New Hampshire boys find their best.

For more information contact Jim Nute or Monica Zulauf, 603-744-6131

## ISLAND VISITS 2019



The best way to get the feeling of Mayhew is to come to Mayhew Island and experience how the program is introduced to the boys in the first two summers of enrollment. Last summer, more than 200 people got to see and feel the seeds of the program being planted for all the boys from across New Hampshire.

You will get a comprehensive tour of the island and then join the boys for either lunch or dinner in the lodge. We guarantee this will be an uplifting and inspiring experience.

We limit tours to 12 individuals so we strongly recommend that you sign up early. Dates and information are below. If you are a referring official we encourage you to join us on a Monday. This summer we have also set aside several Friday lunch tours for work or civic groups, call for more information.

**"Our visit to Mayhew Island was inspirational. It gave us an opportunity to experience the power of the program first-hand. There's nothing quite like having lunch with the boys and seeing them respond to the 'lift-up' reports from each cabin group."**

**Kathleen Reardon, CEO NH Center for Nonprofits.**

Lunch Tours 10:30 AM-1:00 PM: June 26 & 27, July 1, 2, 8, 9, 10, 23, 24, 25, 30, 31, August 1, 5, 6, 7

Dinner Tours 5:30 PM-8:00 PM July 2, 9, 30, August 1 & 6

To reserve your space, call 603-744-6131 or [monica@mayhew.org](mailto:monica@mayhew.org)

## CHANGE FOR GOOD WORK ON MAYHEW ISLAND

Working at Mayhew for the summer is an amazing opportunity for individuals looking to challenge themselves and become part of a larger community. You will work long, hard days and you will be tired, but you will also make friendships that will last a lifetime and work with boys that constantly surprise and amaze you with their goodness and strength.

We are starting our summer recruitment now. We are highly selective, only the best and most dedicated will be joining us on the Island in 2019.



**"My experience at Mayhew provided an opportunity to impact the lives of kids, meanwhile, exponentially growing as a human being".**

**Zachary Alexander, Education Coordinator, Green Iowa Americorps - Mayhew Summer Staff -2017 & 18**

For more information visit our website [www.mayhew.org](http://www.mayhew.org); then email [Greg@mayhew.org](mailto:Greg@mayhew.org)

**"What do I like most about working on Mayhew Island? It's hard to pick just one thing. I like sunrise swims in Newfound Lake, hearing what the guys say during Outer Circle ceremonies, living and working with so many inspiring and talented staff, laughing so hard during Community Night that your stomach hurts, and being part of an innovative and impactful community that focuses on doing what's right."**

**Greg Stoutzenberger, Program Director**

# NEWS FROM THE CIRCLE PROGRAM: CIRCLE TEENS SCALE RUMNEY ROCKS

BY KATHLEEN KEARNS, EXECUTIVE DIRECTOR

The Circle Program's new Program Manager, Hannah Holmes, is a rock-climbing enthusiast and she is sharing her skills with the teens in our program. Recently, the Circle teens spent a day learning how to rock climb at Rumney Rocks. Five teens, three mentors and several facilitators gathered at the Rattlesnake Campground to learn how to belay and climb.

Former Circle Camp counselor, Sarah Sibley of CALE (Community Adventure Learning Experiences) at Plymouth State University helped Hannah facilitate the day along with Hannah's fiancée, Andy Crowley, who is an alumnus of the UNH Outdoor Education program and a board member for the non-profit *On Belay*.

The girls and mentors cheered each other on throughout their first climbing experience. Though their emotions ran high – from excited, to nervous, to giddy – everyone overcame their fears and exceeded their personal expectations. The teens learned that when you step up to a new experience with courage and determination, you can accomplish a goal that initially seems impossible! The Rumney Rocks climbing day was a



▲ A Circle teen scales the Rumney Rocks during her first climb ever!

true confidence-builder that has inspired further interest in pursuit of this new activity. For more information go to [www.circleprogram.org](http://www.circleprogram.org) or call 603-536-4244.

## THE ANNUAL FUND: MAKING IT HAPPEN YEAR AFTER YEAR



Over the last 50 years Mayhew has served more than 2,300 at-risk New Hampshire boys and our goal is to continue to be here for these boys for years to come.

In order to do that we need YOU, each and every one of YOU!

The majority of our funding comes from individual donors, people like YOU.

Mayhew is unique in so many ways: eight years, year-round, and tuition-free, all because of the ongoing generosity and support of people like you. THANK YOU!

The challenges facing our New Hampshire boys seem to get greater every year, making the need for Mayhew more important. We hope that you can help them meet their challenges by supporting Mayhew financially.

"Mayhew is an unbelievable program. Thank you for helping us raise an amazing and decent young man."

*Pam, Jake's mom*



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## SAVE THE DATES

- ▶ **Regional Reunions - call for info**  
January 19-26
- ▶ **Fore the Boys Golf Tournament**  
July 18
- ▶ **50th Celebration at the Barn on the Pemi**  
September 15



## WISH LIST

### SUMMER PROGRAMMING

ONE CABIN FOR ONE DAY	\$1,185
ONE BOY FOR 25 DAYS ON THE ISLAND	\$3,875
SPONSOR ONE BOY FOR A LINK-UP SUMMER PROGRAM WEEK	\$475

EACH WINTER WE HOLD REUNION WEEK IN JANUARY	5 REGIONAL REUNIONS AT \$250 EA.
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### GIFT CARDS

IRVING GAS, HOME DEPOT, OLYMPIA SPORTS, EMS, REI, AMAZON	ANY DENOMINATION
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FOR MORE INFORMATION ON THE MOST UP-TO-DATE PROGRAM NEEDS, PLEASE CONTACT MONICA ZULAUF, DEVELOPMENT DIRECTOR, AT 603-744-6131 or [monica@mayhew.org](mailto:monica@mayhew.org).

**THANK YOU FOR SUPPORTING THE BOYS!**

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293 West Shore Road • PO Box 120  
Bristol, NH 03222  
(603) 744-6131 • Fax (603) 744-8347  
[www.mayhew.org](http://www.mayhew.org)

Keep up with Mayhew via the website and through , search for "The Mayhew Program".

